

# EDEN PRAIRIE

## MEN'S VOLLEYBALL RULES

Revised: 2/14/20



### Eligibility

Players can only be on one team's permanent roster per league. A team is allowed to "pick up" a player, if your team is short players for the week, from another team- even if that player plays at the same level. Only players listed on the permanent roster are eligible to play in the playoffs.

### Facilities and Location

#### **Central Middle School**

8025 School Road  
Eden Prairie, MN 55344

To get to the gyms at Central Middle School, park on the west side of the building and enter at the west entrance (Door #1). The gyms will be to your right. Gym #1 and 2 will be to your right. Gym #3 and 4 will be slight right, then straight through the three doors down the short hall.

### League Format

- *Regular Season:* Each team will play a 10 match (Gold) or 13 match (Silver) regular season. Team schedules are released one week prior to the season.
- *Playoffs:* Playoffs will begin following the regular season. Every team will play at least two playoff matches.
- Six people play on the court at a time. If a team does not have at least four players at match time, a 5 minute grace period is given before the first set is forfeited. If after 15 minutes there are still not enough players then the entire match will be forfeited. A team may never play with fewer than 4 players.
- A match consists of a maximum of 4 sets. Each set is to 25 pts. Win by 2 points with a 30 point cap. All sets are rally score!
- Teams are allowed **one** 30 second time out per match. No time outs may be taken in the final 2 minutes of the match.
- Matches scheduled on the hour will have a 55 minute time limit. The Men's Power League will have 75 minute match times. Typically teams will want a couple of minutes to warm up before their match. Remember this does go against your 55 or 75 minute time limit.
- **Note:** Whenever there is at least 5 minutes left in a match, a final game will be played. In order for the game to count, a team must be to at least 11 pts/ or it does not count in the standings (if there are 5 minutes or less remaining than the next game will not be played)!
- At the beginning of the match, the official should let the teams know the time and the time when the match will conclude. If the official does not announce what time the match started and when it will end, it is the captain's responsibility to ask the official at the beginning of the match. Occasionally circumstances prevent all the matches from having a full 55 minutes of play. If this happens, time should be deducted from all remaining matches until the night is back on schedule. Officials must announce such time deductions at the beginning of the match.

### General Rules

Matches will be played according to USA Volleyball rules, including...

- Setting of the serve is legal.
- Players may play the ball off any part of the body.
- No under hand carries (catches) or overhand throws are to be allowed.
- Teams must rotate before their first serve.
- Teams may not block or hit "spike" a serve.
- Double contact is only legal on the first hit.
- Contact with the net by a player between the antennae, during the action of playing the ball, is a fault. The action of playing the ball includes (among others) take-off, hit (or attempt) and landing.

**Exception to USA Volleyball Rules:** A player may touch the floor across the center line with one or both feet/hands provided a part of the foot/feet or hand(s) remains on or above the center line. Contacting the floor across the center line with any other part of the body is illegal.

All calls that an official is unsure about will be replayed. Officials will not ask a player what the call was. This only causes problems on future calls.

**Note:** if the official makes a call and a player admits that the call should have been otherwise, the official may change the call. This only applies when the call now goes against the player making the admission. Players please be honest!

## **Rosters**

Team rosters are due one week prior to their first scheduled Match. If not, teams will begin their first scheduled set at a 5 point deficit. Rosters are required to be complete with names, email addresses and phone numbers in case of emergency situations, reported injuries or other incidents that arise. Rosters should be submitted online at [edenprairie.org/register](http://edenprairie.org/register) and added to your team account.

Players may be added to your team's roster at any time throughout the season for regular season play, players may not be added for any additional play-off Matches. In order for a player to be eligible they must be on your team's roster prior to playing on your team. To add a player to your teams roster simply e-mail that players name and address to the league director prior to their 1<sup>st</sup> day/night of play. State requirements may not/are not the same as local league requirements. If your team chooses to play in regional or state competition contact the league director for more information.

## **Player Conduct**

- The Eden Prairie Parks and Recreation program aims to create a welcoming environment for all players. The following actions may result in an infraction:
  - Use of profanity
  - Complaining about or questioning an official's call by a non-team manager
  - Persistent complaint about judgement calls by any player (including managers)
  - Abusive or profane language by a spectator (team infraction shall be assessed).
  - Inappropriate comments or gestures to individuals of the opposing team
- Officials will intervene if this occurs and will use red/yellow cards for individuals that make the above infractions.
- **NOTE:** The official's jurisdiction begins from the time a player arrives on site until the player leaves. Actions that occur before, during, and after matches are all subject to an infraction or ejection. If a player is ejected they must sit out their team's next match (or matches if they have a double header that night).

## **Miscellaneous**

- Ties in the standings will be decided by:
  1. Head to head competition.
  2. Games won/lost against other teams with higher seeds.
  3. Coin flip.
- All protests will be handled by the Recreation Supervisor.
- Players should not bring unattended children to their match.
- League standings determine where teams will play in future leagues.
- **Managers are responsible for knowing all rules contained within.**
- Note: The Eden Prairie Adult Volleyball Leagues are for recreation. The majority of our leagues are Class "A-D".

## **NEW: Forfeits**

- If you must forfeit, please notify the opposing team manager and the Adult Athletics Supervisor (952-949-8438) or [adultathletics@edenprairie.org](mailto:adultathletics@edenprairie.org) as soon as you know your team will not be able to play and no later than 4 p.m. If the office is not notified by 4 p.m. it is considered an unannounced forfeit.
- **Any team that has two unannounced forfeits in one season may be removed from the league for the remainder of the season and possibly the following season as well.**

**WEATHER LINE - (952) 949-8449**

Thanks for participating in Eden Prairie Adult Athletics!

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